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TEST PATIENT

GUa d`Y`HYgh`BUa Y
 Sex : :
 DUH`Y Collected : 00-00-0000
 111 H9GH`ROAD`TEST SUBURB
@AB =8: 00000000 UR#:0000000

TEST PHYSICIAN

DR JOHN DOE
 111 CLINIC STF 99H
 7@-B=7`GI 6I F 6`J =7`` \$\$\$

INTEGRATIVE MEDICINE

BLOOD - SERUM

Diamine Oxidase

Result Range Units
72.0 > 10.0 units/mL



Integrative Medicine Comments

Diamine Oxidase (DAO) is the body's own enzyme that metabolises Histamine. The level of the enzyme directly determines the degradation of histamine. In situations of DAO deficiency or inhibition, histamine cannot be degraded quickly enough and histamine intolerance symptoms present. These include GIT issues, migraines, nasal mucosa irritations, allergy-like symptoms.

Result Interpretation:

- > 10 U/ml Low incidence of Histamine Intolerance
- 3.0 - 10 U/ml Probable Histamine intolerance
- < 3.0 U/ml High incidence of Histamine Intolerance

PLEASE NOTE:

Low DAO activity may be influenced by the following medications;
 Muscle relaxants, Analgesics, Antihypertensives, Antiarrhythmics, Antibiotics,
 Antidepressants, Diuretics.

Optimal DAO activity is influenced by adequate levels of cofactors such as Vitamin C, Vitamin B6, Copper and manganese.

DAO is regularly found in higher levels in pregnant patients and patients that have recently had Heparin administration.

Tests ordered: DAO